

# Driving advice

The aim of this leaflet is to provide information on driving following procedures or surgery and to answer some of the common questions. It does not aim to substitute for a thorough discussion with your surgeon.



## Background

Driving is part of most peoples day to day lives and so it is important to know when you will be able to get back to driving. Many people need to be able to drive to get to and from work. Others may require the ability to drive for their work or for responsibilities outside of work. Timing of return to driving is therefore a common question which people ask.

It may be that you will be able to return to work to undertake certain duties before you are safe to drive, so it is advisable to make arrangements for this before your surgery.

## Advice

To be able to drive you need to be in complete control of the vehicle, which includes being able to perform an emergency stop without hesitation.

You must contact your insurer and inform them of any condition which affects your driving, this includes any problems with your arm which means you are unable to drive safely, but also any treatment (including surgery) which affects your ability to drive.

Your doctor can advise you how long you will likely be in a plaster / brace / sling / bandage but cannot determine whether you are safe to drive or not. This time period will likely vary somewhat for each individual.

**It is your assessment, together with your insurers approval that determines whether you can drive.**